

# WAUPACA COUNTY ELDERLY NUTRITION PROGRAM

## SPRING/SUMMER- 6 WK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Parmesan Over Noodles Baby Carrots Blushing Pears Bread & Butter	Broccoli Cheese Soup Ham Sandwich w/ lettuce On a Bun Fruit Cocktail	Lemon Pepper Haddock Potato Wedges Coleslaw Seasonal Fresh Fruit Rye Bread & Butter	BBQ Meatballs Mashed Potatoes Peas Applesauce Bread & Butter	Turkey & Gravy Mashed Potatoes Squash Cranberries Bread & Butter
Polish Sausage Sauerkraut Garnish Baked Beans Broccoli Cauliflower Salad Mandarin Oranges Bread & Butter	Chicken a la King On a Biscuit Green Beans Tropical Fruit	Spaghetti with Meat Sauce Garlic Bread Salad Pears	Pork Chop w/ Gravy Mashed Potatoes Carrots Peaches Bread & Butter	Cheeseburger with Bun Lettuce, Tomato and Onion Potato Wedges Fruited Jello
Baked Chicken w/ Gravy Mashed Potatoes Creamed Spinach Grapes Bread & Butter	Swedish Meatballs Mashed Potatoes w/ Gravy Peas Applesauce Bread & Butter	Sweet & Sour Pork w/ Pineapple Rice Corn Pears	Salisbury Steak, Gravy Baked Potato Mixed Vegetables Banana Bread & Butter	Sloppy Joe on a Bun Potato Wedges Carrot Raisin Salad Tropical Fruit
Mushroom & Swiss Burger on a Bun Potato Wedges Baked Beans Seasonal Fresh Fruit	BBQ Chicken Mashed Potatoes Broccoli Peaches Bread & Butter	Ravioli Bake Garlic Bread Lettuce Salad Peaches Ice Cream	Cold Cut Sandwich on Wheat Bread w/ Lettuce Potato Salad Veggie Pasta Salad Fruited Jello	Poor Man's Fish German Potato Salad Copper Pennies Pineapple Rye Bread & Butter
Ring Bologna Au Gratin Potatoes Glazed Carrots Applesauce Bread & Butter	Chicken Salad Sandwich Fresh Vegetables Three Bean Salad Pears	Beef Stew on a Biscuit Hot Buttered Beets Tropical Fruit Cookie	Chicken Breast in Mushroom Gravy Mashed Potatoes Stewed Tomatoes Cranberries Bread & Butter	Roast Beef & Gravy Potato Wedges Steamed Broccoli & Cauliflower Fruit Cocktail Bread & Butter
Ham Scalloped Potatoes Carrots Tropical Fruit Bread & Butter	Swiss Steak and Mushroom Gravy Mashed Potatoes Mixed Vegetables Fruit Cocktail Bread & Butter	BBQ Pulled Pork on a Bun Green Beans Spinach Salad Applesauce	Meatloaf Mashed Potatoes Peas Fruit Pie Bread & Butter	Brat & Sauerkraut on a Bun Baked Beans Potato Salad Fruit Salad